

FROM THE RECTOR'S DESK...

LEX ORANDI, LEX CREDENDI, LEX VIVENDI...



Lex Orandi, Lex Credendi, Lex Vivendi...is the Latin Motto that can be simply translated...as we pray, so we believe, so, we live. The Motto guided us in our 2011 Lenten study of Dr. Brant Pitre's book Jesus and the Jewish Roots of the Eucharist...Unlocking the Secrets of the Last Supper.

We learned from Dr. Pitre...*Liturgical worship is not an 'add on' for Catholic Christians...It is the historic foundation of Catholic identity...expressing our highest purpose. Our liturgy reveals what we believe...how we view ourselves in relationship to God, one another and the world into which we are sent to carry forward the redemptive mission of Jesus. The Church worships as a prophetic witness to the truth she professes.*

Saint Joseph Parish has always been a teaching parish. In my 2013 Sermon for the Seventeenth Sunday after Trinity...I suggested we might want to add to the Motto...*Lex Docendi...so we teach!* On Sunday, September 5, we will begin a study of the Mass during our Discussion Group. The Motto will once again be our Mantra as we study the Liturgy and seek to answer the question why we pray the Mass the way we do here at Saint Joseph Parish.

We love the Mass as we celebrate it here at Saint Joseph Parish. But we are not a museum trying to perpetuate "the way things used to be". We believe, as all Catholic Christians believe...Word and Sacrament...Sacrament and Word...are inextricably bound together. They cannot be separated. We call what we do the Sacrifice of the Mass. God calls us together as *Ekklesia...Church...those who are assembled. The Mass is our Sacrifice.*

We will learn that Liturgy (Prayer) and Theology (Belief) are not separate parts of the equation...they are integral to each other. Our study of the Mass will focus on the Scriptural basis for the Mass, the *Book of Common Prayer* and the *Anglican Missal...and how they guide and reinforce what happens here every Sunday.*

We will learn our Prayer, Belief, Life and Teaching are dynamic actions...that help us explain why we celebrate the Mass the way we do.

Father Craig Looney+



We are now streaming an abbreviated Service of Morning Prayer on Facebook for the benefit of parishioners who are traveling, live at a distance, and for our viewers, known and unknown to us, who have been following our videos and sermons. The Service is streamed from the Rectory and posted on the Saint Joseph Parish Facebook Page by 7:30 AM every Sunday. The Service will include the Homily.

Coffee Hour

Sunday Coffee and Fellowship time has resumed. Please join us in the Parish Hall after the 9:00 AM Parish Mass for coffee and treats. A schedule has been published. Please arrange to trade with someone if you are unable to serve as scheduled.

DISCUSSION GROUP

Our hallmark Sunday Discussion Group also resumed July 25 after a 16-month absence. Commencing on Sunday, September 5, and continuing through Sunday, November 21, we will be studying the Mass.

We will be exploring the Scriptural basis for the Eucharist, the Liturgy as celebrated here at Saint Joseph Parish, the "shape" of the Mass in the *Book of Common Prayer* and the *Anglican Missal*.

The Discussion Group will not meet on September 19 (Vestry Meeting), October 3 (Blessing of Animals for Saint Francis Day) or November 14 (Vestry Meeting).

The November 21 (Stir-up Sunday), November 28 and the December 5, 12 and 19 Discussion Groups will focus on the Advent Mass readings in preparation for welcoming Jesus on Christmas Day.

ALL CREATURES GREAT AND SMALL...



We will commemorate the Feast of Saint Francis of Assisi on October 3, the Eighteenth Sunday after Trinity, with our Annual Blessing of Animals in the Saint Francis Garden.

Parishioners are invited to bring their cats, dogs, and other pets to Mass. The Blessing will take place after the Coffee Hour at approximately 10:30 AM. Photos, stuffed toy animals, statues and ashes of our beloved pets, will also be blessed.

Benedicite, omnia opera Domini

O ALL ye Works of the Lord, bless ye the Lord: * praise him, and magnify him for ever.

O ye Angels of the Lord, bless ye the Lord: * praise him, and magnify him for ever.

O YE Heavens, bless ye the Lord: * praise him, and magnify him for ever.

O ye Waters that be above the firmament, bless ye the Lord: * praise him, and magnify him for ever.

O all ye Powers of the Lord, bless ye the Lord: * praise him, and magnify him for ever.

O ye Sun and Moon, bless ye the Lord: * praise him, and magnify him for ever.

O ye Stars of heaven, bless ye the Lord: * praise him, and magnify him for ever.

O ye Showers and Dew, bless ye the Lord: * praise him, and magnify him for ever.

O ye winds of God, bless ye the Lord: * praise him, and magnify him for ever.

O ye Fire and Heat, bless ye the Lord * praise him, and magnify him for ever.

O ye Winter and Summer, bless ye the Lord: * praise him, and magnify him for ever.

O ye Dews and Frosts, bless ye the Lord: * praise him, and magnify him for ever.

O ye Frost and Cold, bless ye the Lord: * praise him, and magnify him for ever.

O ye Ice and Snow, bless ye the Lord * praise him, and magnify him for ever.

O ye Nights and Days, bless ye the Lord: * praise him, and magnify him for ever.

O ye Light and Darkness, bless ye the Lord: * praise him, and magnify him for ever.

O ye Lightnings and Clouds, bless ye the Lord * praise him, and magnify him for ever.

O LET the Earth bless the Lord: * yea, let it praise him, and magnify him for ever.

O ye Mountains and Hills, bless ye the Lord: * praise him, and magnify him for ever.

O all ye Green Things upon the earth, bless ye the Lord: * praise him, and magnify him for ever.

O ye Wells, bless ye the Lord: * praise him, and magnify him for ever.

O ye Seas and Floods, bless ye the Lord: * praise him, and magnify him for ever.

O ye Whales, and all that move in the waters, bless ye the Lord: * praise him, and magnify him for ever.

O all ye Fowls of the air, bless ye the Lord: * praise him, and magnify him for ever.

O all ye Beasts and Cattle, bless ye the Lord: * praise him, and magnify him for ever.

O ye Children of Men, bless ye the Lord: * praise him, and magnify him for ever.

O LET Israel bless the Lord: * praise him, and magnify him for ever.

O ye Priests of the Lord, bless ye the Lord: * praise him, and magnify him for ever.

O ye Servants of the Lord, bless ye the Lord: * praise him, and magnify him for ever.

O ye Spirits and Souls of the Righteous, bless ye the Lord: * praise him, and magnify him for ever.

O ye holy and humble Men of heart, bless ye the Lord: * praise him, and magnify him for ever.

L ET us bless the Father, and the Son, and the Holy Ghost: * praise him, and magnify him for ever.

ABOUT THE BENEDICITE...

The *Benedicite, omnia opera Domine*, or *Benedicite*, is one of the traditional canticles said or sung following the First Reading at Morning Prayer. It is a continuation of the *Benedictus. es Domine*. Together the canticles form one continuous hymn of praise...and celebrate all of God's Creation.

The text for the *Benedicite* is taken from the Greek version of the Old Testament, where it appears after Daniel 3.23. It is included in the Apocrypha under the title "Song of the Three Holy Children".

In the *Canticle of the Sun*, composed by Saint Francis of Assisi in 1224, he refers to "Brother Sun" and "Sister Moon", reflecting Francis' personal theology all of God's Creation is connected...including mankind. Francis is especially known for his love of animals and to have praised God for all creatures great and small.

An adaptation of Francis' Canticle may be found at Hymn #307 in the *Hymnal 1940*.

ALL SAINTS DAY

All Saints' Day (November 1) occurs on a Monday this year. We will transfer the observance of this important feast day to Sunday, October 31. All Saints' Day celebrates all of the Saints of God, known and unknown, living and dead.

ALL SOULS' DAY

All Souls' Day is Tuesday, November 2. A Requiem Mass will be celebrated in the church...time to be determined. The Mass will also be recorded and posted on our Facebook Page.

The Feast of the Bestowal of The American Episcopate

Sunday, November 14, is the Commemoration of the Bestowal of the American Episcopate. It is the Celebration of the Consecration of Samuel Seabury as the first Anglican Bishop for the United States.

Prior to the American Revolution, there were no Anglican bishops in the Colonies. A man seeking ordination to the Diaconate or Priesthood, had to make the long and often dangerous sea voyage to England.



Samuel Seabury was born in North Groton (now Ledyard), Connecticut in 1729. Seabury was a leading loyalist in New York City during the American Revolution. In 1775 he was arrested by Patriots and spent six weeks in prison in Connecticut. After the surrender of British forces to the Americans at Yorktown in October 1781, Seabury chose to remain in the United States and became an American citizen.

With the end of the American Revolution came the need to preserve the Apostolic Succession within the American Anglican Church. On March 25, 1783, ten fellow priests elected Samuel Seabury to be the first Anglican bishop for the United States at Glebe House in Woodbury, Connecticut.

This presented an immediate problem for Seabury. Since there were no bishops in the United States to consecrate him, he would have to sail to England. That presented another problem...he could no longer take the Oath of

Allegiance to the Crown required for consecration by the English Church.

Seabury turned to the non-juror bishops of the Scottish Episcopal Church. The non-juror bishops remained loyal to James II (in England) James VII (in Scotland), in spite of his conversion to Roman Catholicism and eventual exile to France in 1690. The non-juror bishops never recognized the legitimacy of the "installation" of William and Mary to the English Throne.

The Scottish non-juror bishops agreed to consecrate Seabury to the Episcopate on the condition that he study the Scottish Communion Liturgy and work to have it adopted by the American Church. Samuel Seabury was consecrated at Aberdeen, Scotland, on November 14, 1784.

Seabury's contribution to the development of Anglican liturgy in the United States cannot be overstated. This is especially true of the Eucharistic Prayer. His "Proposed Communion Office" of 1785 was adopted with some changes in in the *First American Book of Common Prayer* in 1789.

Bishop Seabury's legacy is the restoration of the full Eucharistic Prayer, which is also found in our *1928 Book of Common Prayer* and sets it apart from the *1662 English Book of Common Prayer*. The Oblation and Memorial Acclamation, The Invocation (Epiklesis), and the Intercessions and Doxology following the Prayer of Consecration (*Book of Common Prayer, Pages 80-81*) reinforce what has been taught by the Church since the 2nd Century...the Holy Eucharist is the Church's Sacrifice.

We will explore each of these parts of the Eucharist in more detail and why they help explain the way we "do this" during our Sunday Discussion Group beginning on September 5.

On Sunday, November 14, the Twenty-fourth Sunday after Trinity, we will commemorate the life and work of Bishop Samuel Seabury. Our Liturgy will follow the *1789 Book of Common Prayer*.

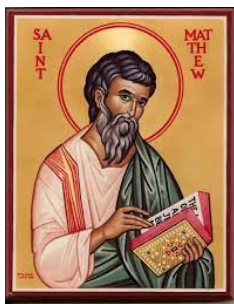
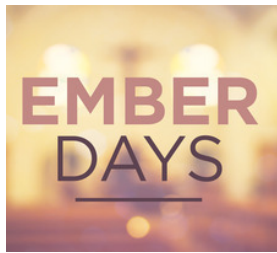


Thursday, November 25, is Thanksgiving Day. Mass with Homily will be celebrated at 10:00 AM. The Mass will be recorded and posted on Facebook. We will not be collecting food for CALL Primrose since they are still not accepting food donations.

ADDITIONAL PRAYER BOOK HOLY DAYS

Four additional Prayer Book Holy Days and the Fall Ember Days occur during September and October. Please consider reading the Lessons appointed for these days in the *Book of Common Prayer*.

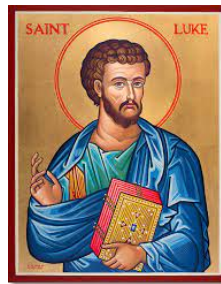
The Ember Days (from the Latin *quatuor tempora...four times*) are four sets of three days (Wednesday, Friday and Saturday) each occurring roughly at the Four Seasons. The Ember Days are days of fasting and prayer for the increase in vocations to the priesthood. This year they take place on September 15, 17 and 18. The Ember Day Lessons begin on Page 260 in the *Book of Common Prayer*.



September 21 is the Feast of Saint Matthew, Apostle and Evangelist. Virtually everything we know about the Apostle is contained in the Gospel appointed for his feast day (St. Matthew 9.9-13). The Gospel records Jesus saw Matthew sitting in his tax collector's office. Jesus asked Matthew to follow him and he did. Jesus later has lunch at Matthew's

house with many other tax collectors and other outcasts. When a group of Pharisees criticize Jesus for having lunch with "such people", Jesus replies, "I have not come to call respectable people, but outcasts." The Lessons for Saint Matthew's Day begin on Page 250 in the *Book of Common Prayer*.

September 29 is the Feast of Saint Michael and All Angels. There is no question Jesus and the Apostles believed in the existence of angels. Michael and Gabriel are the only archangels mentioned by name in the Canon of Scripture. The word angel (Greek *angelos*) means *messenger*. Luke records Gabriel announcing the birth of John the Baptist and Jesus. Revelation records Michael leading his army of angels in battle against Satan. The Feast of Saint Michael dates back to the Fifth Century. It became popular in medieval England and remains so today. Saint Michael and All Angels is the only feast of angels retained by the Reformers. The Lessons for Saint Michael and All Angels Day begin on Page 251 in the *Book of Common Prayer*.



October 18 is the Feast of Saint Luke the Evangelist. He was a companion of Saint Paul, who calls him "our dear doctor" (Colossians 4.14). He may have been a Gentile and was a well-educated man. One very early tradition makes him a native of Antioch. According to the Book of Acts, he had a special relationship with the Church in Philippi. The Gospel for the Day doesn't mention Luke at all. He may have been one of the "other seventy" Jesus sent out in teams of two mentioned in the Gospel. Luke is the author of the Gospel that bears his name and Acts. Each book begins with a greeting to "Dear Theophilus". Luke's Gospel contains many parables not found in Matthew or Mark, the Good Samaritan perhaps the best known. The exact date and location of Luke's death are unknown. The Lessons for Saint Luke's Day begin on Page 253 in the *Book of Common Prayer*.

October 28 is the Feast of Saint Simon and Saint Jude. Simon and Jude (also called Thaddeus) occupy the tenth and eleventh places in the List of Apostles. Nothing for certain is known about these two men. The tradition of the Eastern Churches has both men carrying out missionary work in Persia and being martyred there. Another tradition has Jude and Bartholomew introducing Christianity to Armenia and successfully converting the King of Armenia. Armenia was the first country to officially adopt Christianity as the State Religion.



Jude is referred to as the Patron Saint of Lost or Desperate Causes. Saint Jude's Children's Research Hospital in Memphis, Tennessee, was founded in 1962, by the late actor and singer, Danny Thomas. Mr. Thomas was from a Lebanese background and was a Maronite Catholic. The Lessons for Saint Simon's and Saint Jude's Day begin on Page 254 in the *Book of Common Prayer*.



Call Primrose is still not accepting food or another donations at this time. They will not be running their Fill-a-Box/Feed-a-Family Thanksgiving Program in 2021. They are accepting cash contributions. Last year we collected over \$1,000 from parishioners and sent a check to CALL. We will do the same this year. Please mark CALL in the memo block on your check. Checks must be received in the Parish Office by Monday, November 8.

Age-Friendly San Mateo News Where to Find Information About Available Resources for Older Adults

Finding out about the many programs, services and other resources available to older adults in our community can be challenging. Once a month since March 2021, Age-Friendly News has been highlighting a specific program or service available to San Mateo seniors. This month we are featuring three county-wide resources that you can consult yourself for a wide range of information and assistance of interest to older adults.

- The **Help At Home Guide** provides information about services that can assist seniors in remaining safely in their homes. The guide is available online at <https://www.smchealth.org/helpathome>.
- <https://sanmateo.networkofcare.org/aging/services/> is a **searchable database** that has a comprehensive listing of providers, programs and facilities for older adults.
- The Peninsula Family Service's multi-lingual **Older Adult Resource Line**, at 650 780 7542, provides advice on a wide range of community resources as well as weekly wellbeing calls.

This information above is brought to you by the City of San Mateo Age-Friendly Task Force and printed in The Parish Times as a way of informing our Parish Community and readers of the many valuable services offered to seniors by various organizations and agencies in the City of San Mateo.

CORONATIDE / MASK MANDATE

Effective Tuesday, August 3, 2021, San Mateo County required everyone to wear a facemask indoors, regardless of vaccination status.

Masks must be worn during Mass and the Sunday Discussion Group. They be removed when receiving Holy Communion and when actively eating and drinking at the Coffee Hour.

We have no plans at this time to suspend Coffee Hour or the Discussion Group.

Please check your e-mail periodically for updates.

A Form of Intercession

Accept, O Lord, our intercessions for all mankind.

Let the light of thy Gospel shine upon all nations.

Be gracious unto thy Church; and grant that every member of the same, in his vocation an ministry, may serve thee faithfully.

Bless all in authority over us (*especially...*) and so rule their hearts and strengthen their hands, that they may punish wickedness and vice, and maintain thy true religion and virtue.

Send down thy blessings, temporal and spiritual, upon all our relations, friends, and neighbors.

Reward all who have done us good, and pardon all those who have done or wish us evil, and gie them repentance and better minds.

Be merciful to all who are in any ways afflicted, or distressed, in mind, body or estate (*especially...*) Comfort and relieve them according to their several necessities.

Have mercy upon the faithful departed (*especially...*) And grant them an entrance into the land of light and joy, in the fellowship of thy saints.

For his sake who went about doing good, thy Son, our Saviour, Jesus Christ. *Amen*.

THE NEXT ISSUE...

The next issue of *The Parish Times* will be the Advent-Christmas edition. The target date for publication and distribution is November 22. If you have an article or announcement you wish published, please submit it via e-mail or in writing by November 10. All submissions are subject to space limitations and editing by the Rector. All submissions must be free of partisan politics...whether Church or secular.



Find us on Facebook at: **Saint Joseph Parish – San Mateo CA**

Schedule

Sundays – 7:30 AM Morning Prayer (Facebook)
9:00 AM Parish Mass & Sermon
Coffee Hour and Discussion Group

Weekdays/Holy Days as announced

Sacrament of Penance by Appointment

The Reverend Father Craig Looney, Rector

THE CONTINUATION OF ANGLICANISM: We affirm that the Church of our fathers, sustained by the most Holy Trinity, lives yet...are determined to continue in the Catholic Faith, Apostolic Order, Orthodox Worship and Evangelical Witness of the traditional Anglican Church.

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